

Sacred Trinity Essences

Completion, Balance, New Beginnings



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- ♥ **Date** Received on Easter Sunday, the 4th of April 2021, between 8.20 and 8.50 of this cloudy and chilly morning
- ♥ **Location** Cherry Blossom Park (Kersenbloesempark), Amstelveen, The Netherlands
- ♥ **For periods of big change** Brings peace of heart during challenging periods, helps find a new inner equilibrium, and offers a combination of hope, courage and faith for a new start.
- ♥ **Note** These essences can be taken separately, it is not necessary to use all three in succession.

I was guided on Good Friday, to set my alarm clock early on Easter Sunday. I wondered what the symbolic of these days had to do with the guidance I was receiving. Good Friday is the Christian holiday that commemorates the crucifixion and death of Jesus, and Easter Sunday celebrates the resurrection of Jesus Christ.

I was prompted to visit the Cherry Blossom Park in Amstelveen at eight o'clock in the morning, to receive some essence vibrations before the crowds started queuing to enter. Spring after spring, this charming park of a few hundred cherry trees (*Prunus yedoensis*) attracts thousands of people rejoicing in the delicate, tender pink blossoms. From children to adults, everyone is keen to stand under these beautiful, almost magical trees to receive the blessing of a sky filled with flowers heralding new beginnings.

These breath-taking trees are a large part of the total of four hundred that the Japanese community in Amstelveen gifted the municipality in the year 2000, to celebrate the four hundredth anniversary of the relationship between Japan and The Netherlands. From 1600

to 1858, The Netherlands was the only western country allowed trade in Japan, a country which in those days was completely closed off to the rest of the world.

The Japanese tradition of 'hanami'

The cherry blossom plays an important role in Japanese culture. Its exquisite beauty and transience is richly symbolic. 'Sakura' (cherry blossom tree) is associated with mortality, destiny and karma. From the end of March to early May, cherry trees bloom all over Japan. The weather forecast is carefully monitored during those months of traditional 'hanami', flower viewing. This custom of sitting and drinking under a radiant sakura is followed by all age groups and all layers of society, from families to students to businessmen alike.

I always experience the cherry blossoms as feminine. They have an immense tenderness and gentleness about them, and their energies are incredibly nourishing. It sure is magical to find yourself in the aura of a blossoming cherry tree.

Since the Japanese community gifted four hundred cherry blossom trees to the municipality of Amstelveen, each spring thousands of people of all cultures, even from abroad, gather in the Cherry Blossom Park to experience the overwhelming amount of tender pink petals. I needed some sacred silence, which is why I went so early in the morning.

When a door closes, another opens

When I arrived, three trees in particular called me over by lightening up. They stood in a kind of triangle, widely spread over the park. Each tree offered me a specific vibration, each with its own name: 'Completion', 'Balance' and 'New Beginnings'. Their sum however is more than the total, in the same way as trees form a park that has a beauty in itself. These essence vibrations form a sacred trinity, which supports you through three subsequent phases of large change. You might indeed have spotted that the names of the essences represent these three phases.

Do you know the saying 'When a door closes, another opens'? It contains a deep truth, which you could even call the Law of Change. We cannot grow or transform without closing something off. This closing phase can be excruciating. It is only once we have *completed* a challenging period to the end that we can regain *balance*. It is only from this place of inner equilibrium, that we can step through a new door that inevitably will offer *new beginnings*.

There are always three phases to inner growth or transformation. Good Friday and Easter are symbolic of this. On Good Friday, Jesus had to surrender to his fate. Crucifixion brought his life to completion and that was the ignition of new beginnings. After his burial, he resurrected. Mary Magdalene was the first to witness this transformation.

The essence vibrations of Completion, Balance and New Beginnings help you to accept the flow of life. They help you trust that no matter how challenging things may be, everything happens for a reason. They help you trust the Divine Order of Things. You came to Earth to experience all ingredients of life, difficulties included. The sacred trinity of Completion, Balance and New Beginnings help you to rise as a phoenix from the ashes of what went before.

The essence of Completion

The essence of Completion helps to bring a challenging period to a conclusion, whilst bringing peace to your heart.



The essence of Balance

The essence of Balance brings you to an inner place in which you feel at peace with the past and also at peace with opening up to new horizons. The essence of Balance helps your enduring heart reach a level of equilibrium that it had never tasted before. It is the challenging life experience, that helps bring peace to your heart and move it to a richer, more mature state.



The essence of Balance helps you integrate the gifts and lessons that you received in the challenging past now left behind. It helps you to find a new stasis, in which you can gather hope, courage and faith for new beginnings.



The essence of New Beginnings

The essence of New Beginnings fills you with expectation and hope. It also brings your courage to a level of inner strength and excitement for the new that is yet to unfold. The essence of New Beginnings ignites your heart to blossom again.

The intake of the essence vibrations

If you have opted for the three-month Light Program called '[New Beginnings](#)', the intake of these three essence vibrations accompanies the phases in your journey of change. In this case, they need to be taken *apart from each other* and in a specific order.

- ∞ First you start with Completion to bring your heart to peace.
- ∞ Once that bottle is finished (or after 28 days when using our Essence App), you take the essence of Balance. And when your system has fully received that vibration,
- ∞ You use New Beginnings to enter a new phase filled with expectation and faith.

The essences of Completion, Balance and New Beginnings, are here to help you to let go, to bring closure to something, and to bring you to a point of new beginning.



Wishing you an enriching transformational journey.

With my heartfelt love,

Harriët Kroon