



Quick Guide for all Chakra Months

How does each Chakra Month help you attain more self-love and self-realisation?

1 – The Root Chakra Month

Your Root Chakra (Base Chakra) is related to grounding and feeling safe on Earth. It is located at the base of your spine.

The Root Chakra Month is for energising, improving and developing this chakra. It is powerful in helping **feel safer, more secure and more grounded**.

With the Root Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of **The Golden Ray of Groundedness**, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration **Safe Grounds** (with our Essence App). Value: 29.98 euro.
 - ♥ The essence vibration 'Safe Grounds' clears your Root Chakra of old energies that prevent you from feeling safe and positive. By doing so, it reconnects you to your lost innocence, enabling you to attain inner peace.

- ♥ Other keywords: ***self-love, self-confidence, self-empowerment.***

Learn more [here](#).

2 – The Sacral Chakra Month

Your Sacral Chakra is your centre of pleasure. It is located in your lower belly.

The Sacral Chakra Month is for energising, improving and developing this chakra. It is of great help in **increasing your creativity, playfulness and pleasure.**

With the Sacral Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Fulfilment***, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration ***Joy*** (with our Essence App). Value: 29.98 euro.
 - ♥ The essence vibration ‘Joy’ frees your Sacral Chakra from old energies, remnants from the past that stand in the way of happiness and joy.
 - ♥ Other keywords: ***self-love, self-acceptance, self-appreciation, self-empowerment.***

Learn more [here](#).

3 – The Womb Chakra Month

Your Womb Chakra is a template on another vibrational level than our seven major chakras. This is why you don’t see it in the regular chakra ladders. **It is the chakra behind all chakras.**

All genders have a Womb Chakra. **It is your Holy Grail.** It is the holiest place of power in your body. On top of that, it is your access point to The Divine Mother.

The Womb Chakra Month helps purifying this chakra. You can **then connect more deeply with your Feminine Qualities and The Womb of Creation.**

With the Womb Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Femininity***, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration ***FISH*** (with our Essence App). Value: 29.98 euro.
 - ♥ The unique and extraordinary essence vibration ‘FISH’ was gifted by Jesus. It cleanses your Holy Womb Chakra of impurities, permitting it to fill and eventually

overflow with unconditional, replenishing Love from The Divine Mother. In doing so, it helps you connect with your innate feminine qualities.

- ♥ Other keywords: ***self-love, self-respect, self-realisation, sovereignty.***

Learn more [here](#).

4 – The Solar Plexus Chakra Month

Your Solar Plexus Chakra is directly related to your sense of self (your uniqueness), your intention towards your physical health, and helps you manifest yourself on Earth.

The Solar Plexus Chakra Month is for energising, improving and developing this chakra. It is **very helpful for manifesting your unique identity**.

With the Solar Plexus Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Determination***, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration ***Life-force*** (with our Essence App). Value: 29.98 euro.

- ♥ The 'Life force' essence vibration is a great help in cleansing your Solar Plexus Chakra. A perfect tool to help you break free from sabotaging habits, which in turn enhances your vitality and life force.
- ♥ Other keywords: ***self-love, self-care, self-worth, self-acceptance, self-realisation.***

Learn more [here](#).

5 – The Heart Chakra Month

Your Heart Chakra stands for the ability to experience love and compassion. When healthy, this energy centre allows you to grow a loving, compassionate relationship with yourself and others. It is located next to your heart.

The Heart Chakra Month is for energising, improving and developing this chakra. As a result, you can **attain more (self-)love, balance and harmony**.

With the Heart Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Harmony***, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration ***D43*** (with our Essence App). Value: 29.98 euro.

- ♥ The essence vibration 'D43' purifies your Heart Chakra and heals ancestral DNA. It unchains your heart from past repressed love/ creativity/ potential in both your ancestors and yourself.
- ♥ Other keywords: ***self-love, self-compassion, self-appreciation.***

Learn more [here](#).

6 – The Throat Chakra Month

Your Throat Chakra is your centre of communication. It holds the key to unlocking your authentic voice and the ability to speak your truth. It is located in your neck.

The Throat Chakra Month is for energising, improving and developing this chakra. It is great **for unlocking your authentic voice, expressing yourself and speaking your truth from a place of integrity.**

With the Throat Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Sovereignty***, one of The 22 Golden Rays of The Mary Magdalene Light.
- 2) Free of charge: the complementary essence vibration ***Individuation*** (with our Essence App). Value: 29.98 euro.
 - ♥ The essence vibration 'Individuation' clears your Throat Chakra. By elevating the frequency of this chakra, it supports you in your process of self-realisation and of becoming whole.
 - ♥ Other keywords: ***self-love, self-expression, self-realisation, sovereignty.***

Available on request. Contact Harriët [here](#).

7 – Brow Chakra Month

Your Brow Chakra (Third Eye) is the seat of the sixth sense. It is your centre of intuition, imagination, self-awareness and lucidity. It is located in your forehead.

The Brow Chakra Month is for energising, improving and developing this chakra. As a result, you can **experience more clarity, insight, intuition and vision.**

With the Brow Chakra Month, you receive:

- 1) A 4-week *remote* Light Transmission of ***The Golden Ray of Courage***, one of The 22 Golden Rays of The Mary Magdalene Light.

2) Free of charge: the complementary essence vibration **Self-Love** (with our Essence App). Value: 29.98 euro.

♥ The 'Self-Love' essence vibration purifies your Brow Chakra, which is of great help to *see and know* the truth of who you are. It also supports in letting go of self-sabotage mechanisms, in order to empower you to live your full potential.

♥ Other keywords: **self-love, self-acceptance, self-empowerment, sovereignty.**

Available on request. Contact Harriët [here](#).

8 – The Crown Chakra Month

Your Crown Chakra is for stepping beyond duality, for connecting with the Divine and the Field of Oneness. It is located in the middle of the top of your head.

The Crown Chakra Month is for energising, improving and developing this chakra. This is very helpful in **gaining access to your Higher Self and the Divine**. Or, in other words: experiencing spirituality in a very personal form, not defined by dogma.

With the Crown Chakra Month, you receive:

1) A 4-week *remote* Light Transmission of **The Golden Ray of Unconditionality**, one of The 22 Golden Rays of The Mary Magdalene Light.

2) Free of charge: the complementary essence vibration **Eternal Wisdom** (with our Essence App). Value: 29.98 euro

♥ The essence vibration 'Eternal Wisdom' is a Crown Chakra Cleanser. It also fine-tunes your alignment between Heaven and Earth and strengthens your Central Channel. This is of great help to connect with the higher dimensions and the Field of Oneness.

♥ Other keywords: **self-love, self-empowerment, sovereignty.**

Available on request. Contact Harriët [here](#).

Which Chakra Month resonates the most with you?

Questions?

If you have any questions, I am happy to answer. You can contact me [here](#).

Harriët Kroon