

The Mary Magdalene Light Essences

Self-Love

- ♥ **Date:** received on 2 August 2017, a windy and cloudy day with a temperature of 16 degrees.
- ♥ **Location:** a lovely cottage in Shropshire, England.
- ♥ **Time:** just after noon. When I was writing an email about the Self-Love Attunement (which I received only four days earlier from Mary Magdalene), She suddenly gifted me two essence vibrations in my heart. The first one is called Self-Love.
- ♥ **Key words:** Self-Love, self-sabotage, negative patterns, negative thoughts, addictions.
- ♥ This essence should be taken with the Attunement of Self-Love. However, it can also be taken as a stand-alone essence.



Mary Magdalene spoke the following words when she offered the vibration of the Self-Love essence:

'This is the essence of Self-Love.

It is pure love, hundred percent Love – Self-Love.

This essence initiates your Self-Love.

It activates your blueprint of Self-Love, so you can't disregard your Self anymore and you will have to step into Your Truth.

This is the essence of Self-Love.

It kicks out the self-sabotage: negative patterns, negative thoughts and addictions.

Addictions is the key word of this essence.

Self-Love will throw out addictions. I mean, negative addictions, which is the opposite of positive addictions which are passions, positive passions.

I, Mary Magdalene am here to serve you.

I, Mary Magdalene am here to help you.

I, Mary Magdalene am here to give you what you need.

I, Mary Magdalene am here to offer what your soul is longing for.

Drink in this Self-Love.

Cultivate your Self-Love and you'll be ready to live your passions.

Take the Love essence of Self-Love and you will be ready for this next step.

Thank you.'

With reverence and respect,
Harriët Kroon



♥ Feel free to order another bottle if your heart so prompts you. You can trust your heart.