

## The Mary Magdalene Light Essences

# Self-Love

- ♥ **Date:** received on 2 August 2017, a windy and cloudy day with a temperature of 16 degrees.
- ♥ **Location:** a lovely cottage in Shropshire, England.
- ♥ **Time:** just after noon. When I was writing an email about the Self-Love Attunement (which I received only four days earlier from Mary Magdalene), She suddenly gifted me two essence vibrations in my heart. The first one is called Self-Love.
- ♥ **Key words:** Self-Love, self-sabotage, negative patterns, negative thoughts, addictions.
- ♥ This essence should be taken with the Attunement of Self-Love. However, it can also be taken as a stand-alone essence.



Mary Magdalene spoke the following words when she offered the vibration of the Self-Love essence:

*'This is the essence of Self-Love.*

*It is pure love, hundred percent Love – Self-Love.*

*This essence initiates your Self-Love.*

*It activates your blueprint of Self-Love, so you can't disregard your Self anymore and you will have to step into Your Truth.*

*This is the essence of Self-Love.*

*It kicks out the self-sabotage: negative patterns, negative thoughts and addictions.*

*Addictions is the key word of this essence.*

*Self-Love will throw out addictions. I mean, negative addictions, which is the opposite of positive addictions which are passions, positive passions.*

*I, Mary Magdalene am here to serve you.*

*I, Mary Magdalene am here to help you.*

*I, Mary Magdalene am here to give you what you need.*

*I, Mary Magdalene am here to offer what your soul is longing for.*

*Drink in this Self-Love.*

*Cultivate your Self-Love and you'll be ready to live your passions.*

*Take the Love essence of Self-Love and you will be ready for this next step.*

*Thank you.'*

With reverence and respect,  
*Harriët Kroon*



♥ Feel free to order another bottle if your heart so prompts you. You can trust your heart.